

REQUIREMENTS BEFORE EYEBROW MICROBLADING:

The following restrictions are to ensure your skin is in the best possible condition for an amazing procedure. Please read carefully:

4 weeks before your appointment

DO NOT get the following treatment:

- Botox or other fillers
- Chemical Peels
- Laser treatments

7 days before your appointment:

- DO NOT be exposed to heavy sunlight, especially sunburn. Your skin should not be in the process of healing before procedure
- DO NOT pluck, wax, thread or receive any hair removal services. This can also trigger the skin healing process and should be avoided!
- DO NOT use Retinol / Retin-A or other anti aging/ acne creams
- DO NOT apply any serum containing acid

48 hours prior to your appointment:

- Stop taking aspirin, niacin, vitamin E, fish oil, CoQ10 and ibuprofen 48 hours before procedure
- No waxing, tweezing, or tinting
- No alcohol or caffeine 24-48 hrs before procedure

24 hours prior to your appointment:

- DO NOT drink coffee or anything with caffeine before the procedure.

Day of appointment:

- I understand that I may be refused service if under the influence of any mind altering substances or alcohol.

MICROBLADING CONTRAINDICATIONS

MICROBLADING IS NOT RECOMMENDED FOR ANYONE WHO IS OR HAS THE FOLLOWING:

- Sick with cold, flu, or sinus/respiratory infection (please reschedule your appointment and stay home to recover)
- Skin irritations including: sunburn, rash, eczema, shingles, acne, or psoriasis near the treated area
- Pregnant or nursing
- Under age 18
- Used Accutane in the past year
- Diabetes
- Epilepsy
- Undergoing chemo
- Prone to keloid scarring
- Pacemaker or major heart problems
- Had an organ transplant
- Viral infections and or diseases
- Transmittable blood disease, HIV or Hepatitis

The following must be avoided during all 14 days post procedure:

- Increased sweating
- Swimming
- Hot sauna, hot bath, or Jacuzzi
- Sun tanning or salon tanning
- Exposure to UV/UVA Rays or chemicals as they have been known to cause a shift in color and premature fading
- Any laser or chemical treatments or peeling, and/or any creams containing Retin-A or Glycolic acid on the treatment area
- Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment

- Drinking alcohol in excess, as it may lead to slow healing of wounds
- Touching of the eyebrow area except for when rinsing
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks
- Avoid direct sun exposure or tanning for 4 weeks after the procedure. Wear a hat when outdoors.
- Avoid sleeping on your face for the first 10 days

MEDICATIONS TO AVOID BEFORE MICROBLADING

The following medications are known to affect the blood clotting process. Therefore, these medications need to be avoided (7) seven days prior to your procedure.

A

Actron Advil Aggrenox Aleve Alka-Seltzer Anacin Anaprox
 Anexsia w/Code Anodynos Ansaid A.P.C. Artrotec A.S.A.
 Ascriptin Aspergum Aspirin Axotal

B

B-A-C Bayer Bexophene Bextra Brilinta Buffered Aspirin
 Buffaprin Bufferin Buffinol

C

Cama Arthritis Strength Cataflam Celebrex Cheracol Capsules Clinoril
 Clopidogrel Combunox Congespirin

D

Damason-P Darvon Dasin Daypro DHC plus Dia-Gesic
 Diclofenac Dipryridamole Disalcid Dolabid Dolprin #3 Doxaphene
 Dristan

E

Easprin Ecotrin Emagrin Forte Empirin Equagesic Equazine
 Etodolac Excedrin

F

Feldene Fenoprofen Fiogestic Fiorgen PF Fiorinal 4-Way Cold Tablets

G

Ginko Biloba Gemnisyn

I

Ibuprofen Indocin Indomethacin

K

Ketoprofen Ketorolac

L

Liquprin Lodine Lortab

M

Magnaprin Marnal Measurin Meclofenamate Mefenamic Meloxicam
Meprobamate Midol Mobic Momentum Motrin

N

Nabumetone Naprelan Naprapac Naprosyn Naproxen Norgesic
Nuprin

O

Orudis Oruvail Oxaprozin

P

Pabalate P-A-C Percodan Persantine Persistin Piroxican Plavix
Pletal Ponstel Prevacid w/ Naprapac Presalin Profen

R

Relafen Robaxisal Roxiprin Rufen

S

Salsalate Saleto Salocol Soma Compound Sprix Nasal Spray St.
Joseph Sulindac Supac Synalgos-DC

T

Talwin Ticagrelor Ticlopidine Ticlid Tolectin Tolmetin Toradol
Trental Trigesic Trilisate

U

Ultraprin

Uni-Pro

V

Vanguish

Vicoprofen

Vimovo

Vitamin E

Voltaren

Z

Zipsor

Zorpin